

**Requiring Healthy-Vending Options In County Buildings**

Legislator Robert S. Parete and Co-Sponsors: The Health and Human Services Committee (Chairman Frey and Legislators Harris, Maio, Petit, Ronk, Briggs, Loughran, Robert Parete and Stoeckeler) offer the following:

WHEREAS, the Ulster County Legislature adopted Local Law No. 1 of 2009 requiring chain restaurants to post calorie information on menu boards, and

WHEREAS, the Ulster County Legislature demonstrated a leadership role by adopting the Ulster County Calorie Labeling Law, and

WHEREAS, the New York State Department of Health launched a menu labeling campaign -- iChoose600 -- on February 28, 2011 in the four NY counties that are enforcing local menu labeling laws (Albany, Schenectady, Ulster, and Suffolk), and

WHEREAS, the Ulster County Legislature launched its Healthy Ulster initiative in 2007 to quantify the severity of childhood obesity in Ulster County schools and develop initiatives that combat this public health crisis on a local level, and

WHEREAS, schools in New York City stock items in vending machines that meet NYC Department of Education snack standards. Vendors receive a list of acceptable items and schools make their choices from that list, and

WHEREAS, employers have an obligation to create a healthier workforce by losing weight and reducing the vast medical costs and lost productivity linked to obesity, and

WHEREAS, the Ulster County Legislature recognizes an opportunity to make healthy eating choices through vending machines, and

WHEREAS, Healthy vending items in Ulster County shall be available to employees and visitors at the same price as traditional vending items, and

WHEREAS, healthier snack items provide benefits that are reflected in reduced health care costs, and

WHEREAS, many organizations from the public and private sector are looking for ways to reduce health costs and by instituting workplace wellness programs that include healthy vending options, and

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WHEREAS, the Health and Human Services Committee has met and reviewed said request with a majority of the members voting approval, now, therefore, be it

RESOLVED, it is the desire of the Ulster County Legislature to provide a safe and healthy workplace by including healthy vending items as alternatives to junk food, and be it further

RESOLVED, this policy specifies that no less than **50%** of the food and beverages sold in vending machines in Ulster County-owned or leased facilities meet the following nutrition standards:

Beverages in each vending machine shall be:

100% fruit/vegetable juice

water

fruit-based drinks containing at least 50% juice and no added caloric sweeteners

all other non-caloric beverages, including diet sodas

sports drinks less than or equal to 100 calories

no greater than 12 ounces except for water, with a preference for juices in small size portions (6 ounces)

Snacks/foods shall meet all the following criteria per individual package:

not more than 250 calories

does not contain trans fats added during processing (hydrogenated oils and partially hydrogenated oils)

Gluten-Free

Peanut-Free

and be it further

RESOLVED, this policy shall take effect as soon as a suitable vendor can be selected or January 1, 2012, whichever occurs first,

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and moves its adoption.

ADOPTED BY THE FOLLOWING VOTE:

AYES: 28 NOES: 3  
(NOES: Legislators Bernardo, Roberts and  
Sweeney)  
(Absent: Legislators Gerentine and Shapiro)

FINANCIAL IMPACT:  
NONE

0529

STATE OF NEW YORK  
ss:  
COUNTY OF ULSTER

This is to certify that I, the undersigned Clerk of the Legislature of the County of Ulster have compared the foregoing resolution with the original resolution now on file in the office of said clerk, and which was adopted by said Legislature on the 17th day of May, 2011, and that the same is a true and correct transcript of said resolution and of the whole thereof.

IN WITNESS WHEREOF, I have hereunto set my hand and seal of the County of Ulster this 19<sup>th</sup> Day of May in the year Two Thousand and Eleven.

/s/ Karen L. Binder  
Karen L. Binder, Clerk  
Ulster County Legislature

Submitted to the County Executive this  
19<sup>th</sup> Day of May, 2011.

/s/ Karen L. Binder  
Karen L. Binder, Clerk  
Ulster County Legislature

Approved by the County Executive this  
25<sup>th</sup> Day of May, 2011.

/s/ Michael P. Hein  
Michael P. Hein, County Executive