

ULSTER COUNTY NEWS

ULSTER COUNTY NEWS INFORMATION OFFICE OF ULSTER COUNTY LEGISLATURE 244 FAIR STREET KINGSTON, NEW YORK 12401 PHONE: 845.340-3900 FAX: 845.340.3651 www.co.ulster.ny.us www.ulstercountyny.gov

FOR IMMEDIATE RELEASE

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Free "Wi\$e Up Women" Financial Education Program

"Helps Women Plan for Their Financial Future"

Legislator Susan Zimet, Chairperson of Ulster County Legislature's Arts, Education, Tourism and Community Relations Committee joins Lydia Reidy, Executive Director of Cornell Cooperative Extension of Ulster County in announcing "Wi\$e Up Women", a special financial education program specifically designed to help women ages 17 - 45 years of age become more financially savvy. The program will be held on Wednesday, July 25 from 5:30 PM to 7:00 PM at the Stone Ridge Public Library at 3700 Main St. in Stone Ridge, New York. Registration is limited to 15 participants. Pre-registration is required by Tuesday, July 24.

"Wi\$e Up Women" will teach women how to plan and take charge of their finances. Participants will learn how to better manage their money, credit cards and credit card debt, how to build and use credit responsibly, develop record keeping and budgeting skills, how to save money for a financially secure future, emergencies and important long term goals, and more. All in a comfortable environment that encourages questions and discussions.

It's a sad fact that most women aren't planning for their financial future. Studies show that, compared to men, women: are more likely to carry credit card debt and live paycheck to paycheck; are more intimidated by financial issues; earn less; have smaller retirement benefits; and are poorer in retirement. This informative program will help guide participants toward a brighter financial future.

To register, call Barbara Grumberg, Financial Education Program Secretary, Cornell Cooperative Extension of Ulster County, 845-340-3990 or email: <u>bag23@cornell.edu</u>.