

**Law Enforcement & Public Safety Committee
Regular Meeting Minutes**

DATE & TIME: March 4, 2019 – 6:15 PM (or immediately following Public Health & Social Services Committee)
LOCATION: KL Binder Library, 6th Floor, County Office Building
PRESIDING OFFICER: Chairwoman Lynn Eckert
LEGISLATIVE STAFF: Jay Mahler, Deputy Clerk
PRESENT: Legislators Collins, Haynes & Ronk
ABSENT: Legislator Heppner
QUORUM PRESENT: Yes

OTHER ATTENDEES: Legislators Petit & Wawro, Sheriff Figueroa, Captain Altieri – UC Sheriff's Office, District Attorney Carnright – UC District Attorney's Office, Director Peterson, – UC Emergency Communications/Emergency Management, Deputy Director Naccarato – UC Probation Department, Mr. Tom Kadgen – League of Women Voters

Chairwoman Eckert called the meeting to order at 6:18 PM.

Motion No. 1: Moved to **APPROVE** the Minutes of the February 4, 2019 meeting

Motion By: Legislator Collins
Motion Seconded By: Legislator Haynes

Discussion:

Legislator Haynes pointed out a typo in the minutes as presented. Legislative staff corrected the error on the meeting copy.

Voting In Favor: Legislators Collins, Eckert, Haynes & Heppner
Voting Against: None
Votes in Favor: 4
Votes Against: 0
Disposition: Minutes **APPROVED AS AMENDED**

Chairwoman Eckert advised the members that District Attorney Carnright was in attendance to speak about a lethality risk assessment program and stated that she would be allowing him to speak before entertaining regular business.

District Attorney Carnright informed the members that in domestic violence related matters, it is understood that certain people present a predicable risk of committing domestic violence. He added that a lethality assessment program exists in the City of Kingston, but a countywide program is lacking. He stated that the program provides a follow-up component for victims after a law enforcement officer responds to an incident of domestic violence. He explained that assistance to victims can include housing, counseling, legal services, financial help, etc. to get him/her out of the situation. He

explained that there is funding available from New York State for lethality risk assessment programming, which he has learned the Ulster County Department of Probation is pursuing. He informed the members that prior to learning of the County's pursuit, he had been approached by Director Feldman of the Center for Family Services out of Poughkeepsie, which provides a lethality risk assessment program, for support in their application for New York State funding. After learning of local efforts to secure the funding, he informed the members he is withdrawing his support from the Center for Family Services to support the county's application. He stressed the importance of follow-up care and support for victims, which is lacking in the county.

He invited the members to reach out to him any time to discuss domestic violence programs or any other matter under his purview. He advised the members that he has a few concerns with budget items and legislation being discussed as criminal justice reform measures at the state level which he would like to share with the members. He explained that there are three primary programs that would have financial implications in the SFY 2020 Budget. He added that proposed changes to bail, discovery and speedy trial may have unintended consequences, especially for victims.

Regarding bail, he advised the members that the state is considering the elimination of cash bail in nearly every circumstance. He explained that considerations for risk in reoffending in circumstances of domestic violence are being weighed, which is apposite step. He informed the members that he reached out to the Warden of the UC Jail to determine how many inmates currently incarcerated would be eligible for release if cash bail was eliminated at the state. He explained that an additional 100-110 inmates from the county jail would become part of a pre-trial release program as a result. He explained that Ulster County currently has a pre-trial release program under the supervision of the Probation Department. He added that the department presently oversees about 100 individuals and does not have the resources to add an additional 110 people to the program. Legislator Ronk stated that this would be an added burden on top of the implementation of state Raise the Age legislation which the Probation Department is currently struggling with.

District Attorney Carnright continued by informing the members that while provisions in the discovery and speedy trial reform packages were long overdue, most District Attorney's already institute the proposed changes. He explained that the proposed changes create problems and gave the members an example of a recent case in Ulster County involving a fatal car-pedestrian accident. He advised the members that there are significant delays in smaller counties like Ulster who are dependent on state labs to receive key pieces of evidence like accident reconstructions. He explained that possible reforms to discovery and speedy trial does not take this into consideration and can jeopardize the procurement and use of evidence because the county cannot provide the evidence to the defense under the new timelines.

He added that proposed new rules also present concerns regarding protection against victim intimidation. He explained that changes would require prosecution to provide witness' names and addresses in a timely manner, eliminate grand jury secrecy, and allow the deposition of law enforcement officers during pretrial discovery in civil matters. He stated that these changes would impact District Attorney's ability to prosecute cases and would impact peoples' desire to cooperate with the police. He encouraged the members to ask contacts and representatives in state government if these changes will make people safer. He added that plea bargaining prior to discovery is also being eliminated, which will further burden counties like Ulster who are reliant upon state labs for those services. He added that places like New York City have the resources to fund and staff multiple crime

labs of their own while upstate counties without the same resources must share services, creating long backlogs. Legislator Haynes stated that many bills on these subjects have been drafted for a long time, and with the current power shift in Albany, have a better chance of passing.

Chairwoman Eckert asked if there were dialogues happening in Albany to address the District Attorney's concerns, especially regarding additional crime lab resources for smaller counties to aid in compliance with discovery and speedy trial reforms. District Attorney Carnright responded that County District Attorneys meet twice a year and agreed at their winter meeting that many of the proposed reforms did not make sense. He stated that the District Attorneys felt they no longer had a seat at the table and informed them that only two of the eight Ulster County state representatives responded to his correspondence regarding the reforms. He added that the state senate seemed more reserved and open to hearing concerns of the District Attorney's. He stated that the reforms are anti-victim and expressed his amazement that Mothers Against Drunk Driving has not taken a stand on these reforms. Chairwoman Eckert asked if DA Carnright had reached out to Senator Jennifer Metzger. Mr. Carnright responded that he had reached out to her and that she was one of the representatives who did not respond.

Sheriff Figueroa expressed his agreement with the statements by the District Attorney. He informed the members that the New York State Sheriff's Association would be lobbying state representatives in Albany on Wednesday to speak to concerns for victim safety. Chairwoman Eckert asked how long an accident reconstruction like the one in the earlier example usually takes. DA Carnright responded that they were expecting a report from the July incident within the week, making it about a 6-7 month turnaround. He advised the members that occurrences like these are why he regularly advocates for funding and programs to be offered directly through the District Attorney's Office. He thanked the members for their recent approval of funding for an accident reconstruction team in his office, and stated that they were in the midst of procuring equipment and training to be fully operational. Chairwoman Eckert asked the District Attorney what he felt a reasonable timeline is to have an accident reconstruction ready to meet the requirements. DA Carnright responded that he must be ready for trial within six months, adding that the ability, or inability, to produce an accident reconstruction report could result in a case dismissal, in some instances. He added that he believes many law makers do not fully understand the repercussions of some of the criminal justice reforms being proposed.

Legislator Petit asked where the shortfalls are in accident reconstructions. DA Carnright explained the logistics of reconstructing an accident and the few available state crime lab resources. He added that there is currently an eight-month back log.

DA Carnright thanked the members for the opportunity to speak to them and encouraged them to reach out to him with any questions. Chairwoman Eckert thanked District Attorney Carnright for his time.

Resolutions for the February 19, 2019 Session of the Legislature

Resolution No. 82: Authorizing The Chair Of The Ulster County Legislature To Execute An Agreement With The Walker Valley Chemical Engine No. 1 For The 2019 Appropriation – Legislature

Resolution Summary: This resolution authorizes the Chair to execute an agreement with Walker Valley Chemical Engine No. 1 for funding not to exceed \$100,000 to expended towards costs associated with purchasing heat resistant wall panels for the Walker Valley Burn Tower.

Motion No. 2: Motion to ADOPT Resolution No. 82

Motion By: Legislator Ronk

Motion Seconded By: Legislator Collins

Discussion:

Legislator Ronk explained that the funds pay for the replacement of burn panels at the Walker Valley Firehouse, which, for years, was the only burn structure for use in fire service trainings in the county. He added that the panels are designed to absorb heat and protect structural elements in the building and must be replaced after a few uses.

Voting In Favor: Legislators Collins, Eckert, Haynes & Ronk

Voting Against: None

Votes in Favor: 4

Votes Against: 0

Disposition: **Resolution ADOPTED**

Resolution No. 95: Authorizing The Chair Of The Ulster County Legislature To Execute An Intermunicipal Agreement With Various Municipalities For The Operation Of U.C.E.R.T. (Ulster County Emergency Response Team) – Ulster County Sheriff

Resolution Summary: This resolution authorizes the Chair to execute intermunicipal agreements with between the Ulster County Sheriff, SUNY New Paltz, and the Towns of New Paltz, Plattekill, Saugerties and Woodstock for participation in the Ulster County Emergency Response Team (UCERT) to provide rapid tactical response to critical incidents for a term beginning January 1, 2019 through December 31, 2019

Motion No. 3: Motion to ADOPT Resolution No. 95

Motion By: Legislator Ronk

Motion Seconded By: Legislator Haynes

Discussion:

Chairwoman Eckert advised the members that services provided by UCERT include hostage situations, barricade situations, sniper situations, high-risk apprehension, high-risk warrant search, personal protection and special assignments. Legislator Ronk added that they are the equivalent of a SWAT team.

Voting In Favor: Legislators Collins, Eckert, Haynes & Ronk

Voting Against: None

Votes in Favor: 4

Votes Against: 0

Disposition: Resolution ADOPTED

Resolution No. 96: Establishing Capital Project No. 535 Body Camera Purchase And Amending The 2019-2024 Capital Improvement Program And The 2019 Capital Project Fund - Ulster County Sheriff

Resolution Summary: This resolution establishes Capital Project No. 535 to upgrade the current Body Camera system, add additional units and increases the 2019-2024 Capital Improvement Program by \$95,826 to \$320,826 to cover the costs.

Motion No. 4: Motion to ADOPT Resolution No. 96

Motion By: Legislator Ronk

Motion Seconded By: Legislator Collins

Discussion:

Captain Altieri explained that the Resolution is an amendment of the original Capital Program resulting from re quoting for additional equipment and supporting software required after the initial implementation of the program. He informed the members that the information is currently at the Purchasing Department for bidding out, with some equipment available through state contract. He added that there is a \$75,000 grant from the NYS Attorney General’s Office that will also be put toward the Capital Project. Chairwoman Eckert confirmed that the \$75,000 from the Attorney General’s Office would be put towards equipment purchase. Captain Altieri responded that the AG’s funding is a per camera reimbursement up to the \$75,000.

Voting In Favor: Legislators Collins, Eckert, Haynes & Ronk

Voting Against: None

Votes in Favor: 4

Votes Against: 0

Disposition: Resolution ADOPTED

Resolution No. 101: Approving The Execution Of A Contract Amendment Causing The Aggregate Amendment Amount To Be In Excess Of \$50,000.00 Entered Into By The County – Colossus, Incorporated D/B/A InterAct Public Safety Systems – Ulster County Sheriff

Resolution Summary: This resolution approves the execution of a contract amendment in the amount of \$27,215.48 with Colosuss Incorporated D/B/A InterAct Public Safety Systems to extend the term of agreement and support of the Mobile Cop software.

Motion No. 5: Motion to ADOPT Resolution No. 101

Motion By: Legislator Collins

Motion Seconded By: Legislator Ronk

Discussion:

Captain Altieri explained that the contract is for the mobile equipment that allows officers to communicate with each other. Legislator Haynes asked if the contract was renewed annually and if the

equipment is leased. Captain Altieri responded that the contract is renewed annually and is for the technical support for the equipment. Legislator Eckert asked if local PDs are on the same communication system. Captain Altieri and Director Peterson responded that they were.

Voting In Favor: Legislators Collins, Eckert, Haynes & Ronk
Voting Against: None
Votes in Favor: 4
Votes Against: 0
Disposition: **Resolution ADOPTED**

Resolution No. 102: Approving The Execution Of A Contract Amendment Causing The Aggregate Amendment Amount To Be In Excess Of \$50,000.00 Entered Into By The County – New York Communications Company, Inc. – Ulster County Sheriff

Resolution Summary: This resolution approves the execution of a contract amendment in the amount of \$1,512 with New York Communications Company, Inc to add three portable radios and accessories to the Criminal Division lease.

Motion No. 6: **Motion to ADOPT Resolution No. 102**
Motion By: Legislator Collins
Motion Seconded By: Legislator Ronk

Discussion:
Legislator Haynes asked if the contract was for lease of equipment. Captain Altieri explained that the contract covers the programming of radios, cameras, lights, etc. as well as a service agreement.

Voting In Favor: Legislators Collins, Eckert, Haynes & Ronk
Voting Against: None
Votes in Favor: 4
Votes Against: 0
Disposition: **Resolution ADOPTED**

Resolution No. 103: Approving The Execution Of A Contract Amendment In Excess Of \$50,000.00 Entered Into By The County – Motorola Solutions Inc. – Emergency Management

Resolution Summary: This resolution approves the execution of a contract amendment in the amount of \$58,528.00 with Motorola Solutions, Inc. to extend the term of agreement for maintenance and support for the 911 telephone system through December 31, 2019.

Motion No. 7: **Motion to ADOPT Resolution No. 103**
Motion By: Legislator Ronk
Motion Seconded By: Legislator Collins

Discussion:

Director Peterson explained that the contract is for a maintenance agreement for the 911 phone system.

Voting In Favor: Legislators Collins, Eckert, Haynes & Ronk
Voting Against: None
Votes in Favor: 4
Votes Against: 0
Disposition: **Resolution ADOPTED**

Resolution No. 104: Approving The Execution Of A Contract In Excess Of \$50,000.00 Entered Into By The County – Family of Woodstock, Inc. – Department Of Probation

Resolution Summary: This resolution approves the execution of a contract in the amount of \$165,000.00 with Family of Woodstock, Inc. to facilitate the Alternative to Juvenile Detention Project from January 1 through December 31, 2019.

Motion No. 8: **Motion to ADOPT Resolution No. 104**
Motion By: Legislator Ronk
Motion Seconded By: Legislator Collins

Discussion:

Chairwoman Eckert asked if this contract was for the programming that DA Carnright recently stated his support for. Legislator Ronk responded that the contract was for an alternative to juvenile detention program and was not the same program DA Carnright was speaking about. Legislator Haynes asked if the contract was part of the Raise the Age legislation. Probation Department Deputy Director Naccarato explained that the contract expands the 180 program, which Family of Woodstock has been providing for years, to include individuals covered by Raise the Age. Legislator Ronk asked if the contract is a reformatting of the 180 program to address the needs of Raise the Age. Deputy Director Naccarato advised the members that the 180 program used to cover those 15 years and younger, and is being expanded to cover individuals now qualifying under Raise the Age.

Voting In Favor: Legislators Collins, Eckert, Haynes & Ronk
Voting Against: None
Votes in Favor: 4
Votes Against: 0
Disposition: **Resolution ADOPTED**

Resolution No. 105: Approving The Execution Of A Contract In Excess Of \$50,000.00 Entered Into By The County – Center For Creative Education – Department Of Probation

Resolution Summary: This resolution approves the execution of a contract in the amount of \$75,000.00 with Center for Creative Education to facilitate youth arts, wellness, social justice mentoring, tutoring and instruction programming from January 1 through December 31, 2019.

Motion No. 9: **Motion to ADOPT Resolution No. 105**

Motion By: Legislator Collins

Motion Seconded By: Legislator Ronk

Discussion:

Legislator Haynes asked if this contract was part of the \$100,000 that the Legislature approved in the FY 2019 Budget requested by Legislator Rodriguez. She added that she had voted no on that request because she felt the state would be providing funding to cover the costs associated with implementing Raise the Age and asked where the \$75,000 was coming from. Legislator Ronk asked if the Deputy Director knew which budget line the funding was coming from. Deputy Director Naccarato responded that she did not know the line, but informed the members that the programming was part of the RFP by Purchasing for Raise the Age. Legislator Haynes asked if this funding was in addition to the \$100,000. Legislator Ronk responded that it was and stated that the RFP for programming for Raise the Age was sent out before the budget was approved in order for a contract to be before the members at this point.

Legislator Haynes asked for confirmation that the \$100,00 was requested for programming in addition to that included in the RFP. Chairwoman Eckert responded that it was her understanding that Legislator Rodriguez requested the additional funding to offer restorative justice programs and services for older individuals not covered by Raise the Age.

Legislator Ronk stated that a Resolution to transfer the \$100,000 into the Probation Department's budget has not come before them and therefore he did not believe this contract was being paid for with those funds. He added that they could confirm the funding source before Legislative Session. Chairwoman Eckert asked legislative staff to confirm the funding source and report back to the members.

Voting In Favor: Legislators Collins, Eckert, Haynes & Ronk

Voting Against: None

Votes in Favor: 4

Votes Against: 0

Disposition: **Resolution ADOPTED**

Chairwoman Eckert recognized Legislator Haynes to speak about her recent trip to the Albany County Correctional Facility. Legislator Haynes advised the members that she, Legislator Nolan, and about 11 total stakeholders from Ulster County traveled to Albany County to meet with Sheriff Apple, tour his facility, and learn about some of the programs he has instituted. She highlighted the SHARP, or Sheriff Heroin Addiction Recovery Program, offered to sentenced inmates. She stated that inmates must initiate contact and express an interest in receiving treatment to the Alcohol and Substance Abuse counselor at the facility. She added that SHARP participants are housed in a separate unit along with incarcerated veterans. She thanked the Sheriff for organizing the trip. She provided the members with a pamphlet and program guide (appended to these minutes) and highlighted the post release follow-up component of the program. Legislator Haynes informed the members that Sheriff Apple briefly spoke about the interaction he had with a few immigration detainees and the legal services he was able to help coordinate through Albany Law School.

Sheriff Figueroa advised the members that the primary purpose of the trip was to see the type of addiction program they have. He added that he has been working with Vin Martello in the Health

Department to address addiction with inmates as well as with individuals outside of the facility who have overdosed. He added that he has concerns with bringing methadone, suboxone or other drugs into the facility. He advised the members that he was most impressed with Sheriff Apple's strategy to house inmates receiving addiction treatment services with veterans. Legislator Haynes explained that Sheriff Apple approached incarcerated veterans who are housed separately at his facility and asked them about their willingness to have inmates in the SHARP program housed with them. Legislator Ronk asked if providing a separate housing unit would present a staffing hardship in Ulster County. Sheriff Figueroa responded that he had not looked at staffing yet, but expressed the need to have a controlled pod, especially with the introduction of controlled substances.

Legislator Ronk asked if participation was contingent on good behavior. Sheriff Figueroa responded that it was. Legislator Haynes reiterated how impressed she was with the post release follow-up conducted by the Albany County Sheriff's Office. Sheriff Figueroa advised the members that Sheriff Apple continues the treatment program a person is on when they enter the facility. Legislator Ronk stated that one of the biggest challenges to long term recovery in Ulster County is the lack of transitional housing. The members briefly discussed the challenges of providing affordable transitional housing, including funding and resistance by neighbors.

Legislator Ronk mentioned a recent NY Post article circulated by Legislator Gerentine reporting on transportation pipelines of fentanyl and heroin from south of the border which listed Kingston along the route. Legislator Haynes advised the members that a few years ago when federal High Intensity Drug Trafficking Areas were designated, Ulster County was not included. She added that Senator Schumer worked to have the county included and commented on the importance of the funding and assistance the designation brings. Sheriff Figueroa advised the members that he will be training three individuals in grant writing to help identify and apply for funds.

Sheriff Figueroa added that the Department of Corrections determines staffing levels and advised the members that he has asked them to come down to evaluate the facility. He added there's the potential for them to advise of over staffing, which is a concern. He continued by informing the members that the road patrol staffing has not been changed in 18 years and he would like to see an increase, especially if there will be an increase in officer participation in communicating with people in the community struggling with addiction.

The members briefly discussed various medications available to treat opioid addiction.

Chairwoman Eckert asked the members if they would be interested in invited the Public Defender to share his perspective on proposed criminal justice reform measures in the state. Legislator Ronk stated that some of the issues with the proposed criminal justice reforms stem from the overwhelming majority of state representatives being from New York City. Legislator Collins suggested looking into coalitions or groups who have already gathered, researched and evaluated the state's criminal justice reform proposals. He stressed the importance of highlighting the needs of upstate counties as compared to New York City and the vast discrepancy in resources. Chairwoman Eckert stated that it would be helpful to hear from the Public Defender as the representative of the other side of the issue to identify the middle ground. Legislator Ronk suggested inviting the Public Defender to a special meeting of the committee. Chairwoman Eckert agreed that a special meeting would be favorable in order to allow the members time to draft a letter to state representatives with their position prior to

the April 1st budget deadline. Chairwoman Eckert asked legislative staff to look into organizing a special meeting before the end of the month with the Public Defender, Sheriff, District Attorney and Director of Probation. Sheriff Figueroa commented that the NYS Sheriff's Association was able to find a middle ground to present to state lawmakers. The members briefly discussed various justifications for reforming the bail system including past issues encountered in Ulster County with low bails and addressing concerns with criminalizing poverty.

Chairwoman Eckert advised the members that the next meeting was scheduled for April 1st and asked if there was any other business, and hearing none;

Adjournment

Motion Made By: Legislator Ronk
Motion Seconded By: Legislator Collins
No. of Votes in Favor: 4
No. of Votes Against: 0

TIME: 7:42 PM

Respectfully submitted: Jay Mahler, Deputy Clerk
Minutes Approved: April 1, 2019



SHERIFF'S



Albany County
Correctional Facility

Craig D. Apple Sr.
Sheriff

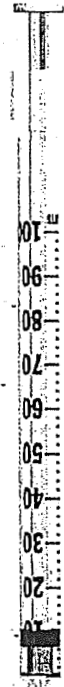
Michael J. Lyons
Superintendent

As is true across the nation, heroin and opioid abuse has been identified as an epidemic and major health concern in the State of New York. Heroin and opioid addiction puts individuals at serious risk for engaging in criminal behavior which can result in incarceration at the Albany County Correctional Facility.

Increasingly, large numbers of persons with addiction to heroin and opioids are coming into contact with the adult correctional system. Jails and prisons have become a holding area for these individuals - a costly and failing response to the drug addiction problem.

Beginning at arrest, and through every phase of the criminal justice system, persons with drug addictions encounter a system not designed to handle large numbers of persons with these issues. Furthermore, the lack of access to community health treatment and other public services often results in inadequate treatment for the underlying addiction.

In 2018, 455 inmates self-reported heroin or opioid use upon admission to the Albany County Correctional Facility.



HEROIN

ADDICTION

RECOVERY

PROGRAM



Mission

To explore the efficacy of implementing a Pre-and Post-release treatment program addressing substance abuse. The program will be determined effective if it proves to encourage retention in substance abuse treatment and decrease rates of recidivism.

Combining prison-based treatment with community-based treatment upon release reduces an offender's risk of recidivism, decreases substance abuse, improves prospects for employment, and increases pro-social behavior. (National Institute on Drug Abuse, 2011)

Program Overview

- Dormitory style housing units dedicated to individuals who have an honest desire to end their heroin / opioid addiction;
- Voluntary participation;
- Screening and assessment by Facility CASAC;
- Structured environment consisting of professional addiction education, individual and group counseling sessions to include: A New Direction - Breaking the Link Between Criminal and Addictive Thinking; Relapse Prevention; Wellness; Relationships in Early Recovery; and Life Skills for Long-term Recovery;
- Participation in self-help meetings and peer to peer support groups;
- Appropriate transitional planning;
- For the county sentenced individual there is an opportunity to receive Vivitrol prior to discharge. Vivitrol is a medication that reduces the cravings for, and blocks the effects of ingested heroin, opioids and alcohol.



Purpose

The purpose of the SHARP Pilot Program is to examine the usefulness of a new Pre and Post-release treatment program for heroin and opioid addicted inmates at the Albany County Correctional Facility (ACCF).

The SHARP Pilot program involves prison-based treatment and collaboration with community-based treatment centers to provide a post-release treatment component. This program employs a multi-faceted approach to treatment; including a dedicated housing unit along with counseling, the use of the medication VIVITROL, continued treatment with community-based providers, and the development of a post release treatment strategy which will include the following;

- Discharge planning and aftercare services;
- Prevention strategies to divert individuals with addictions from relapsing and being arrested;
- Scheduling an appointment for post-release treatment at a Community Treatment Center;
- The Albany County Sheriff's Office will provide inmate transportation from the Albany County Correctional Facility directly to the Community Treatment Center.

Addictions Care Center of Albany

The Addictions Care Center of Albany (ACCA) has agreed to collaborate with the Albany County Correctional Facility on the SHARP Pre-Release Pilot Program.

ACCA will provide addiction education and counseling to SHARP participants.

The shared goal is to facilitate the transition of program participants from the correctional facility into an appropriate substance abuse treatment program, and prevent recidivism.

Contact Information

Sheriff Craig D. Apple Sr.
ContactSheriff@AlbanyCounty.com

The Addictions Care Center of Albany, Inc. (ACCA), 90 McCarty Avenue, Albany, N.Y. 12202 (518) 465-5470

The New York State Office of Alcoholism and Substance Abuse Services (OASAS)
(518) 485-2337

Alkermes Pharmaceuticals (Vivitrol)
<http://www.alkermes.com>



Sheriff's Heroin Addiction Recovery Program
S.H.A.R.P.



Albany County Sheriff's Office
Albany County Correctional Facility
840 Albany Shaker Road
Albany, NY 12211

Craig D. Apple Sr.
Sheriff

Michael J. Lyons
Superintendent

Updated July 14, 2017

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Indication

With nearly 2.4 million people incarcerated, the United States has one of the highest incarceration rates in the world. The number of adults involved in the criminal justice system has soared from an estimated 1.8 million in 1980. In total, over 7 million people are currently under some form of correctional supervision.

With many policies driven by a desire to punish rather than the knowledge of what improves community safety, the criminal justice system is costing way too much, doesn't work, and in many instances just isn't fair.

The connection between drug abuse and crime is well known. One-half to two-thirds of inmates in jails and State and Federal prisons meet standard diagnostic criteria (DSM-IV) for alcohol/drug dependence or abuse. (National Institute on Drug Abuse, 2011).

As is true across the nation, opioid abuse has been identified as an epidemic and major health concern in the State of New York, including Albany County. Opioid addiction puts individuals at serious risk for engaging in criminal behavior which can result in incarceration at the Albany County Correctional Facility. During 2016, 213 inmates at the Albany County Correctional Facility were placed on opiate withdrawal watch. Additionally, 56 inmates during the same time period were placed on alcohol withdrawal watch.

Increasingly, large numbers of persons with addiction to opioids are coming into contact with the adult correctional system. Jails and prisons have become a holding area for these individuals -- a costly and failing response to the drug addiction problem.

From arrest, through every phase of the criminal justice system, persons with drug addictions encounter a system not designed to handle large numbers of persons with these issues. Furthermore, the lack of access to community health treatment and other public services often results in inadequate treatment for the underlying addiction.

Combining prison-based treatment with community-based treatment upon release will reduce an offender's risk of recidivism, decreases substance abuse, improves prospects for employment, and increases pro-social behavior. (National Institute on Drug Abuse, 2011)



Office of Alcoholism and Substance Abuse Services

The New York State Office of Alcoholism and Substance Abuse Services (OASAS) are supporting this initiative and can be utilized as a resource for the Albany County Sheriff's Office as it relates to this program. The contact person is Sean M. Byrne, Executive Deputy Commissioner (518) 485-2337.

Purpose

The purpose of the SHARP Pilot Program is to examine the usefulness of a new Pre- and Post-release treatment program for opioid-addicted inmates at the Albany County Correctional Facility (ACCF).

This Pilot program involves prison-based treatment and includes collaboration with community-based clinics to continue to provide treatment post-release. The program employs a multi-faceted approach to treatment; including a dedicated "pod" or "housing unit" along with the use of the medication VIVITROL, counseling, continued treatment with community-based providers, and the development of a post release treatment exit strategy which will include the following;

- Discharge planning and aftercare services;
- Prevention strategies to divert individuals with addictions from relapsing and being arrested and charged with criminal offenses;
- Scheduling the first appointment for post-release treatment at a Community Clinic;
- Upon release, transportation from the Albany County Correctional Facility directly to an outpatient treatment provider for the first appointment will be provided by the Albany County Sheriff's Office;

Mission

To explore the efficacy of implementing a Pre-and Post-release treatment program addressing substance abuse. The program will be determined effective if it proves to encourage retention in substance abuse treatment and decrease rates of recidivism.

Operational Definitions

New York State Criminal History Record - A record in New York State for a particular individual, including arrests, convictions, dismissals, and serious violations. The NYS Division of Criminal Justice Service (NYS DCJS) is the state agency in charge of the criminal justice information system.

Level of Service / Case Management Inventory (LS/CMI) - A validated, evidence-based risk/needs assessment. The tool focuses on assessing eight criminogenic needs. Criminogenic needs are factors that contribute to criminal behavior according to research. The eight criminogenic needs are identified as: Criminal History; Family/Marital Issues; Companions; Alcohol/Drug Problems; Education/Employment; Leisure/Recreation Activities; Procriminal Attitudes; and Antisocial Patterns. The LS/CMI generates a numerical value, ranging from 0 to 40, indicating a risk level of: Low; Medium; High; and Very High.

Medication-Assisted Recovery- A substance-abuse treatment approach made possible by physician-prescribed and monitored medications, along with other recovery supports, e.g., counseling and peer support.

Naltrexone- (Revia) An oral/tablet used for opioid and alcohol dependence. Common dosage for treating alcohol and/or opioid dependence is 50mg. daily.

Personal Contact- An individual designated by the inmate as an alternate contact outside of the facility. Naming of this individual is intended for purposes of data collection.

VIVITROL- (naltrexone for extended-release injectable suspension) is the injectable form of Naltrexone. The medication is indicated for the prevention of relapse to opioid dependence, following opioid detoxification. VIVITROL's purpose is to reduce the cravings for and block the effects of ingested opioids and alcohol. The recommended dose of VIVITROL is 380 mg. delivered intramuscularly every 4 weeks or once a month. VIVITROL is contraindicated in patients that are actively using opioids and patients with acute hepatitis or liver failure. The most common side effect of the medication is injection site tenderness.

SHARP Pre-Release Pilot Program Outline

The SHARP Pre-Release Pilot Program at the Albany County Correctional Facility (ACCF) began October 5, 2015.

Dissemination of Knowledge Regarding Medication Assisted Recovery

In September of 2015, education pertaining to medication-assisted recovery was added to the Programs Department curriculum. In September of 2015, Gloria Cooper, Director of Health Services, in collaboration with Theron Rockwell, Director of Inmate Services, trained all Programs Department staff to educate inmates on medication-assisted recovery. The education provided to inmates is objective information pertaining to Methadone, Suboxone, VIVITROL, and other medications used to treat addiction. Inmates learn of the importance of and participating in non-medicinal treatment methods, such as counseling and addiction meetings. Education on medication-assisted recovery is offered to male and female inmates by Treatment Specialists from the Addictions Care Center of Albany, Inc. (ACCA). Treatment Specialists provide education on medication-assisted recovery to inmates on an ongoing basis.

Inmates interested in participating in medication-assisted recovery will be asked to submit an "Inmate Request Form" to Joan Wennstrom, CASAC, as soon as possible and no less than approximately three months prior to release.

Participant Selection

The SHARP Pre-Release Pilot Program will be available to sentenced inmates only. No inmate will be coerced or pressured into receiving treatment in the SHARP program. In order to participate in the SHARP Pre-Release Pilot Program, an inmate must initiate contact and express interest to Joan Wennstrom, CASAC. Inmates will then receive the SHARP Program Inmate Letter (Appendix A). This letter informs inmates of their responsibilities in planning for treatment in the SHARP program, including requesting insurance enrollment. All sentenced inmates that are determined medically appropriate, and agree to participate in comprehensive treatment, will be eligible for treatment in the SHARP Pre-Release Pilot Program.

Un-sentenced inmates that request treatment with VIVITROL will be provided with information so that they may independently seek treatment upon release. Due to their undetermined release date, we are unable to schedule outpatient treatment, thus disqualifying pre-sentenced inmates in the VIVITROL portion of the SHARP program.

Drug Court Involvement

As stated above, pre-sentenced inmates are disqualified from participation VIVITROL portion of the SHARP Pre-Release Pilot Program. The only exceptions made to this rule are in response to referrals from the Albany County Drug Court. In these cases, upon referral by the Drug Court, a pre-sentenced inmate may participate in an "assessment of appropriateness for VIVITROL treatment." In these cases, the course of treatment begins at the "VIVITROL medical meeting" (please see below). If the pre-sentenced inmate is interested in receiving VIVITROL treatment, Albany County Drug Court would be required to commit and hold the individual at the Albany County Correctional Facility until the proper treatment initiation and planning is complete. Drug Court would be required to communicate an anticipated release date for the inmate so that the Addictions Care Center of Albany, Inc. (ACCA) may schedule post-release appointments for the continuation of VIVITROL treatment appropriately.

Insurance

Unless they maintain private healthcare insurance coverage, inmates must submit a request to be enrolled in and covered under the Affordable Healthcare Act three months prior to release. It is important for insurance coverage to be established prior to release to ensure access to post-release treatment. Inmates are instructed to submit an Inmate Request Form to the Inmate Service Unit to apply for healthcare insurance coverage.

VIVITROL Medical Meeting

The first meeting with the interested inmate will occur approximately one month prior to an inmate's release date. The first assessment will be completed by Dr. Silver Masba or Jill Harrington, Health Services Administrator. At this time, the inmate will receive additional information about the SHARP Pre-Release Pilot Program. The medical provider and the inmate will discuss whether VIVITROL treatment is appropriate. If it is determined that the inmate is appropriate for participation in the VIVITROL portion of the SHARP Pre-Release Pilot Program, (Appendix B) and (Appendix C) will be forwarded to Medical by the facility CASAC. The medical provider and the inmate will review the SHARP Pre-Release Pilot Program Consent Form (Appendix D) together to ensure a full understanding. If the inmate agrees to the information outlined on this form, he/she and the medical provider will sign the consent.

Medical Clearance

All inmates planning to participate in the SHARP Pre-Release Pilot Program will require medical clearance by Dr. Silver Masba. Medical Clearance will include an assessment of overall health and Liver Function Tests (Blood Lab).

Assessments/Data Collection

Inmates participating in the SHARP Pre-Release Pilot Program will be evaluated, using a validated assessment tool. An inmate's risk level will be assessed using the Level of Service/ Case Management Inventory (LS/CMI). Correctional Facility CASAC in conjunction with ACCA Staff will conduct risk assessments on inmates in the SHARP Pre-Release Pilot Program, approximately one month prior to release. An inmate's motivation for treatment will be assessed by their participation in available groups/classes during incarceration.

Pre-Release Motivational Counseling

Inmates enrolled in the SHARP Pre-Release Pilot Program will receive two individual counseling sessions prior to treatment with VIVITROL. The 30-45 minute counseling sessions will be provided during the last month of incarceration. A licensed mental health counselor or Credentialed Alcohol and Substance Abuse Counselor (CASAC) will conduct these 1:1 sessions. The two sessions will focus on three main themes:

1. An assessment of motivational state along with commitment to treatment.
2. Psychological education appropriate to the inmate's readiness for change.
3. Supportive and reinforcing counseling intended to strengthen commitment to recovery.
4. The Addictions Care Center of Albany will conduct regular group counseling sessions for program participants. Group topics will include: A New Direction - Breaking the Link Between Criminal and Addictive Thinking; Relapse Prevention; Sober Lifestyle; Trauma, Overdose Prevention Training; Addictive Thinking; Anger Management; Conflict Resolution; Wellness; Relationships in Early Recovery; Life Skills for Long-term Recovery.

Naltrexone Tolerance Trial

Inmates participating in the SHARP Pre-Release Pilot Program will be prescribed Naltrexone 50 mg. daily for 1-3 days prior to beginning VIVITROL therapy. The purpose of this trial of Naltrexone is to assess for any adverse effects of the medication.

Initiation of VIVITROL Treatment

Inmates participating in the SHARP Pre-Release Pilot Program will receive the first injection of VIVITROL approximately 7 days prior to their release. A facility medical provider will prescribe the medication for appropriate inmates. Alkermes, the manufacturer of VIVITROL, has agreed to donate injections of the medication to the Albany County Correctional Facility medical department for use in the SHARP Pre-Release Pilot Program. There is no cost incurred by the Albany County Correctional Facility for the medication. Alkermes' State Government Relations Manager Henry Bartlett will work with Dr. Silver Masba or Gloria Cooper, Director of Health Services, to schedule delivery of the medication to the Albany County Correctional Facility. The medication will be delivered in increments of 5 injections as needed. VIVITROL injections will be stored in the refrigerator in the medical department. Doses of the medication will be carefully recorded in a log book as each dosing kit contains a hypodermic needle.

Contacts from Alkermes; Henry Bartlett, State Government Relations Associate Director (518) 281-8965
Michael Peluso, Territory Business Manager (518) 368-1788.

Craving Assessment

Inmates receiving treatment with VIVITROL will be asked to complete a short survey inquiring of their cravings to use opioids. (Appendix E) This survey will be administered by facility CASAC approximately thirty days prior to release and again on the day of release. Upon completion a copy of this survey will be forwarded to the medical unit. This is intended to assess the effect of the pre-release treatments on cravings to use substances.

Medication Administration

Trained medical staff members at the Albany County Correctional Facility will administer the medication. All staff will receive training on proper method of administration for VIVITROL prior to the implementation of the SHARP Pre-Release Pilot Program. Training will be provided by Alkermes.

Post-Release Treatment

The Addictions Care Center of Albany has agreed to collaborate with the Albany County Correctional Facility on the SHARP Pre-Release Pilot Program. The shared goal is to facilitate transition into an out-patient substance abuse treatment program that includes the use of the medication VIVITROL.

Albany County Correctional Facility Main Partners: The Addictions Care Center of Albany, Inc. (ACCA), Location 90 McCarty Avenue, Albany NY 12202, Telephone number (518) 465-5470.

All inmates participating in the SHARP Pre-Release Pilot Program will be scheduled for post-release treatment at a Community Clinic.

The Addictions Care Center of Albany will complete the initial evaluation for post release referral and treatment using the LOCADTR 3.0 (Level of Care for Drug Treatment Referral) to determine the best level of care for the Pre-Release Pilot Program participant. The LOCADTR 3.0 is a *Patient Placement Criteria System* developed by the New York State Office of Alcoholism and Substance Abuse Services.

An initial appointment will be scheduled within one week of an inmate's release and transportation from the Albany County Correctional Facility directly to the appointment upon release will be provided by the Albany County Sheriffs Office.

Information regarding the inmate's treatment will be shared with the Addictions Care Center of Albany or other Community Clinic providing post-release treatment, including:

- Liver Function Test Results
- Medication administration record reflecting use of Naltrexone and VIVITROL
- Substance Abuse History Data
- Signed SHARP Pre-Release Pilot Program Consent Form
- Signed release of information permitting information sharing between the Albany County Correctional Facility and the Community Clinic.

Post-Release Data collection

Post-release data collection will occur on a monthly basis from a variety of sources.

Community Clinics

The Addictions Care Center of Albany, Inc. (ACCA) has agreed to assist with data collection post-release. Joan Wennstrom, CASAC from the Albany County Correctional Facility will contact the Community Clinic's contact person regarding the inmate's status in treatment. Data will be recorded pertaining to inmate's compliance with treatment.

Inmate/Inmate's Personal Contact

If the inmate is no longer receiving treatment at the Community Clinic, an attempt will be made to contact the inmate by telephone. If the inmate is unavailable, an attempt will be made to contact the inmate's designated "Personal Contact."

Civilian Security Training

The Addictions Care Center of Albany, Inc. (ACCA) staff will be required to attend, prior to entering the correctional facility, an Eight (8) hour Civilian Security and Supervision training program.

Appendix A- Inmate Letter

Date _____

Inmate Name _____

Your note in which you expressed interest in SHARP Pre-Release Pilot Program and treatment was received by the Albany County Correctional Facility CASAC. Planning for support in your recovery after release is a smart idea.

*In order to participate in this program and treatment, you must be willing to continue in comprehensive substance-abuse treatment following release. This involves attending multiple appointments at a community clinic, including regular counseling appointments.

What you need to do:

- 1.) Complete the **Vivitrol Patient Questionnaire**.
- 2.) You need to request to be registered for Health Insurance. Inmate Service Unit staff will assist you with this process.
- 3.) Thirty (30) days prior to your release a member of the health services staff will contact you to discuss planning for Pre- and Post- release VIVITROL treatment.

Inmate Signature

Date

Staff Signature

Date

Appendix B- SHARP Patient Questionnaire

Please fill out the following questionnaire as honestly as possible.

Name: _____

Date of Birth: _____ Age: _____

Your Release Date: _____ *If Release Date changes, notify Joan Wennstrom, CASAC

Address where you will reside after release: _____

Phone Number: _____

Please fill out information below regarding your substance abuse history. Check ones you have used in your lifetime, Check ones you were currently using at time of incarceration, Note the route of use (IV, snort, smoke, etc), Frequency of use at time of your incarceration (Daily, Weekly, Monthly, etc) and for how long have you abused this substance?

Drug	Check ones you have used in your lifetime	Check ones you were currently using at time of your incarceration	Note the route of use (IV, snort, smoke, etc)	Frequency of use at time of incarceration (Daily, Weekly, Monthly, etc)	For how long have you abused this substance?
Alcohol					
Opiates (heroin, OC's, percocets, vicodins, methadone, etc)					
Cocaine/Crack Marijuana					
Hallucinogens (Acid/Mushrooms)					
Designer Drugs (Ecstasy, Liquid G, Bath Salts, etc)					
Amphetamines (Crystal Meth, Adderall)					
Benzodiazepines (Xanax, Klonopin, Ativan, Valium, etc)					
Suboxone (NOT prescribed)					

Overdose

Have you ever overdosed? YES NO

What Substance did you overdose on? _____

Number of lifetime overdoses: _____

Have you ever been hospitalized due to an overdose? YES NO

Substance Abuse Treatment History

Have you had any substance abuse treatment? YES NO

How many times have you been to detox? _____

Have you ever been prescribed Suboxone or Methadone? _____

If Yes, was it helpful? YES NO

Why or Why not? _____

Clean Time History

How many serious attempts have you made to get clean? _____

How long was the longest period of time that you have been clean? _____

When was this? _____

Criminal History

How many times have you been incarcerated? _____

How long is your current sentence at ACCF? _____

Have you ever been incarcerated at another facility besides ACCF? _____

Was your offense related to your substance abuse? _____

Mental Health

Have you ever received counseling? YES NO

If yes, was it helpful? Why or Why not? _____

Have you ever attempted to end your life or to hurt yourself? YES NO

If yes, when was this? _____

Have you been diagnosed with a mental illness? YES NO If yes, what is your diagnosis? _____

Have you ever been hospitalized for mental health issues? YES NO If yes, when was this? _____

Health Status

Do you have any chronic medical conditions? If yes, please name: _____

Do you have Hepatitis C? _____ If Yes, When were you diagnosed? _____

Medications/ Surgeries

Are you taking any medications? YES NO

If yes, what medications are you taking? _____

Insurance

What kind of medical insurance do you have? _____

Social Support

What is your relationship status (Single/Married/In a relationship/etc)? _____

Do you plan to live with your partner/significant other? YES NO

Does your partner have an active substance use/abuse problem? YES NO

Is your partner/significant other currently in treatment? YES NO

Transportation

Do you own a car? YES NO

If not, how do you plan to get around? _____

Do you have a driver's license? YES NO

Planning for Treatment

Is your goal to stop using all substances, or just some of them? _____

Are you interested in participating in individual counseling, group counseling and/or Substance Abuse Meetings as part of your treatment after release?

**Appendix C
AUTHORIZATION FOR RELEASE OF INFORMATION**

To: Any Physician, Nurse, Medical Staff, Psychologist, Psychiatrist, Dentist, Optometrist, Hospital, Nursing Home, Medical Association, Clinic, Health Care Facility, The United States Armed Forces or Veteran's Administration, any and all Alcohol and Substance Abuse providers, and my personal contact.

I, _____, have applied to participate in the SHARP Pre-Release Pilot Program at the Albany County Correctional Facility. Regarding the examination and/or treatment I hereby authorize any hospital, clinic, health care facility, physician, nurse, or any other person who has attended, examined, or treated me to furnish The Albany County Sheriff's Office, or their representatives or partners with any and all information which has been requested regarding the aforementioned past or present physical condition and treatment rendered thereto. I further authorize the parties named herein to examine and retain any records which may be in the possession of such person or facility regarding the treatment or condition of the above listed patient.

Personal Contact _____ Phone _____
Address _____

Signature

State of New York
County of Albany

On the _____ day of _____, _____ the subscriber to this instrument _____ personally appeared before me, and is known to be the same person in, and who executed the foregoing instrument and has duly acknowledged to me that he/she has executed the same.

Signature of Member

Appendix D-Vivitrol Consent Contract
Albany County Correctional Facility
Medical Services

Vivitrol® (naltrexone extended release injection) Consent Form

I _____ do hereby voluntarily apply and consent to participate in the SHARP Pre-Release Pilot Program. I am requesting Vivitrol (naltrexone extended release injection) Therapy as a treatment for alcohol and opioid dependence. I understand that, as far as possible, precautions will be taken to prevent any complications or ill effects on my health. I further understand that it is my responsibility to tell the Physician/Nurse in the program as much as I can about my health. It is my responsibility to seek medical attention immediately if any reaction occurs to Vivitrol® or if any changes occur in my health status. As a participant, I freely and voluntarily agree to adhere to the treatment protocol as follows:

- 1) I understand that medication alone is not sufficient treatment for managing my disease. After I am released, I agree to participate in the outpatient treatment program offered by the designated community clinic.
- 2) I understand that Vivitrol (naltrexone extended release injection) is being prescribed as part of a comprehensive treatment plan for my alcohol and/or opiate dependence.
- 3) I agree to keep, and be on time, for my scheduled appointment at the community clinic. If I cannot keep the appointment, I will call to cancel and reschedule.
- 4) I agree to have a blood specimen taken for assessment of liver function prior to beginning Vivitrol therapy.
- 5) I agree to participate in two verbal assessments measuring my level of motivation and level of risk relating to my substance dependence.
- 6) I agree to actively participate in two individual counseling sessions at ACCF prior to beginning Vivitrol therapy.
- 7) I understand that I will be prescribed Naltrexone (the pill form of Vivitrol) for up to three days prior to beginning Vivitrol therapy. This trial is to assess for any adverse effects of the medication. I understand that I am to inform the medical staff if I experience any side effects during this time.
- 8) I understand that I will receive the first injection of Vivitrol therapy approximately 3-5 days prior to my release.
- 9) I understand that Vivitrol is well-tolerated in the recommended doses, but may cause liver injury when taken in excess or in people who develop liver disease from other causes. If I experience excessive tiredness, unusual bleeding or bruising, pain in upper right part of my stomach that lasts more than a few days, light-colored bowel movements, dark urine, or yellowing of the skin or eyes, I will stop taking Vivitrol® immediately and see my doctor as soon as possible.
- 10) I agree to take Vivitrol only as directed by the prescribing physician.

- 11) I understand that I must inform any medical provider treating me that I am receiving Vivitrol® therapy.
- 12) I attest that I have not used opiates within the past 7 to 10 days.
- 13) I understand that I should not take Vivitrol if I am pregnant or if I am contemplating pregnancy.
- 14) I understand that the community health clinic offering follow-up treatment can terminate my treatment at any time if I do not comply with treatment guidelines.
- 15) I understand it is my responsibility to maintain active health insurance coverage, so that I do not have difficulty receiving my Vivitrol injections.
- 16) I understand that a positive urine drug screen for alcohol and/or opiates, such as Heroin, Methadone, Suboxone, may result in discontinuation of Vivitrol Therapy, because these drugs may be lethal if taken while on Vivitrol.
- 17) I agree to allow ACCF to run a confidential Criminal HISTORY Record Investigation on a monthly basis after my release from incarceration. I understand that the purpose of this is to collect data on the efficacy of the SHARP Pre-Release Pilot Program.
- 18) I agree to sign a Release of Information for: A contact person; and the community health clinic offering follow-up treatment, so that ACCF may inquire of my status after release.
- 19) I agree that violating any of these conditions is grounds for dismissal from participation in the SHARP Pre-Release Pilot Program.

WARNING: IF I ATTEMPT TO SELF-ADMINISTER LARGE DOSES OF ALCOHOL, HEROIN OR ANY OTHER NARCOTIC WHILE ON VIVITROL, I MAY DIE OR SUSTAIN SERIOUS INJURY, INCLUDING COMA.

Patient's Signature

Date

I, the undersigned, have defined and fully explained the above information to this individual.

Medical Staff Signature

Date

Appendix E - Cravings Assessment (30 Days Prior to Release / Day of Release)

Name: _____ Date: _____

Urge to Use Scale- OPIATES (Approximately 30 days Prior to Release / Day of Release)

Instructions: The following questions are designed to help you assess an important aspect of your recovery status: the urge to use opiates.

Complete this form by thinking about the PAST WEEK and placing a check mark next to the response that is most true for you.

1. How often have you thought about using opiates or about how good using opiates would make you feel during the past week?

- Never, that is, 0 times during this period of time.
- Rarely, that is 1 to 2 times during this period of time.
- Occasionally, that is, 3 to 4 times during this period of time.
- Sometimes, that is, 5 to 10 times during this period or 1 to 2 times a day.
- Often, that is, 11 to 20 times during this period or 2 to 3 times a day.
- Most of the time, that is, 20 to 40 times during the period this period or 3 to 6 times a day.

2. At its most severe point, how strong was your urge to use opiates during this period?

- None at all.
- Slight, that is, a very mild urge.
- Mild urge.
- Moderate urge.
- Strong urge but easily controlled.
- Strong urge and difficult to control.
- Strong urge and would have used opiates if it were available.

3. How much time have you spent thinking about using opiates or about how good using opiates would make you feel during this period?

- None at all.
- Less than 20 minutes.
- 21 to 45 minutes.
- 46 to 90 minutes.
- 90 minutes to 3 hours.
- Between 3 to 6 hours.
- More than 6 hours.

4. How difficult would it have been to resist using opiates during this period of time if you had known opiates were in your cell.

- Not difficult at all.
- Very mildly difficult.
- Mildly difficult.
- Moderately difficult.
- Very difficult.
- Extremely difficult.
- Would not be able to resist.

5. Keeping in mind your responses to the previous questions, please rate your overall average urge to use opiates during the past week.

- Never thought about using opiates and never had the urge to use opiates.
- Rarely thought about using opiates and rarely had the urge to use opiates.
- Occasionally thought about using opiates and occasionally had the urge to use opiates.
- Sometimes thought about using opiates and sometimes had the urge to use opiates.
- Often thought about using opiates and often had the urge to use opiates.
- Thought about using opiates most of the time and had the urge to use opiates most of the time.
- Thought about using opiates nearly all of the time and had the urge to use opiates nearly all of the time.